



**EXMOOR WALKING HOLIDAYS  
AUGUST 2016**

**Future Dates**

**Walking Group Weekend**

**Friday, 23<sup>rd</sup> to Sunday, 25<sup>th</sup> September**

We will meet for our next Walking Group Weekend commencing on Friday, 23<sup>rd</sup> September. If any of you would like to meet up for a short walk/lunch I will be at the hotel by 12.00 noon. On arrival, if you ask a member of staff at the hotel they will ring me and I will meet you at Reception.

Normal booking at the Yarn Market Hotel for the Walking Group Weekend is required. Please contact the hotel staff on either 01643 821425 or [enquiries@yarnmarkethotel.co.uk](mailto:enquiries@yarnmarkethotel.co.uk)

Hi Everyone

I hope you are well and enjoying a warm summer with lots of outdoor activities and holidays. It always seems a long time between Walking Group Weekends during the summer months so I look forward to meeting up in September.

Kathy

**Past Walking Group Weekend**

**Friday 3<sup>rd</sup> June to Sunday, 5<sup>th</sup> June 2016**

**Friday 3<sup>rd</sup> June**

Jean, Edwin and myself met up and walked through the Dunster Deer Park to Gallox Bridge then we walked uphill to Carhampton Gate then turned right up Park Lane. Following the track we reached Withycombe Gate and took the path through the next gate leading to Batt's Castle then back through the woods and down into Dunster.

Needless to say we needed a cuppa to refresh ourselves this was kindly provided by staff at the Yarn Market Hotel. 5 miles

## Saturday, 4<sup>th</sup> June - Somerset Coast Path

With transport from Antony we travelled the lanes to Lilstock to investigate the newly designated Somerset Coast Path. This was a lovely walk, well signed. The weather was good and the tide was out. This was just as well as the signs say that when you reach St Audrie's Bay you cross the beach that could be inaccessible at high tide. More investigations to follow.

We walked to Watchet, had an ice cream and caught the train back to Dunster Station and a walk back to Dunster. 9 miles in total



Signpost at the start at Lilstock



The old Coastguard Hut, Lilstock



Kilve Beach



Just before East Quantoxhead



Court House, East Quantoxhead  
Home of the Lutterell Family



Signage for St Audrie's Beach



Tidal Warning



St Audrie's Beach



Steps on St Audrie's Beach



Helwell Bay just outside Watchet



Watchet Harbour and time for an ice cream!

### **Sunday, 5<sup>th</sup> June**

Unfortunately the day before, on the beach at St Audrie's Edwin thought he had gone over on his ankle. During the night this had become swollen and was very painful so Edwin was not able to weight bear. No walking for Edwin!

We had a trip to Minor Injuries, Minehead to check nothing was broken and with the news that it was a soft tissue injury that would heal if given rest (I hope Edwin did that!) Jean and Edwin left for home.

I walked into Minehead then walked back to Dunster along the beach (tide out) then across in front of the Dunster Chalets and back up the lanes to Dunster.

Update: Edwin is making a slow recovery from his injury and is looking forward to joining us again soon